Yarn Weight Conversion Chart (CYC 0-7)

knittingchart.com/yarn-weight-chart

All 8 Craft Yarn Council standard yarn weights with US, UK and Australian/NZ names, recommended needles, stockinette gauge over 4 in (10 cm), typical length per 100 g and wraps per inch (WPI).

Category	US Names	UK	AU / NZ	Needles (mm / US)	Gauge / 4 in	Per 100 g	WPI
0 Lace	Lace, light fingering, thread	1 ply, 2 ply	2 ply	1.5-2.25 mm US 000-1	33-40 sts	600+ m (656+ yd)	18+
1 Super Fine	Fingering, sock, baby	4 ply	4 ply	2.25-3.25 mm US 1-3	27-32 sts	350-450 m (383-492 yd)	14
2 Fine	Sport, baby	5 ply, sport	5 ply	3.25-3.75 mm US 3-5	23-26 sts	250-350 m (273-383 yd)	12
3 Light	DK, light worsted	DK (double knit)	8 ply	3.75-4.5 mm US 5-7	21-24 sts	200-250 m (219-273 yd)	11
4 Medium	Worsted, aran, afghan	Aran	10 ply	4.5-5.5 mm US 7-9	16-20 sts	120-200 m (131-219 yd)	8-9
5 Bulky	Chunky, craft, rug	Chunky	12 ply	5.5-8 mm US 9-11	12-15 sts	100-130 m (109-142 yd)	7
6 Super Bulky	Super bulky, roving	Super chunky	14 ply	8-12.75 mm US 11-17	7-11 sts	under 100 m (under 109 yd)	5-6
7 Jumbo	Jumbo, roving	-	-	12.75 mm and larger US 17 and larger	6 or fewer sts	under 100 m (under 109 yd)	4 or fewer

Ball-Band & Metric / Imperial Conversions

- Length: 1 m = 1.094 yd | 1 yd = 0.914 m (meters x 1.094 = yards).
- Weight: 1 oz = 28.35 g | 50 g = 1.76 oz | 100 g = 3.53 oz.
- Normalize any ball to 100 g: (ball meters / ball grams) x 100. Example: 210 m in a 50 g ball = 420 m per 100 g (1 Super Fine).
- Holding 2 identical strands together halves meters per 100 g: two strands of 400 m/100 g fingering act like ~200 m/100 g (DK / Worsted border).

No Label? Identify Mystery Yarn & Ply Names

- Wraps per inch (WPI): wrap yarn snugly (without stretching) around a ruler for 1 in (2.54 cm), count wraps, and match the WPI column above.
- Scale method: measure 10 m of yarn and weigh in grams -> meters per 100 g = 1000 / grams.
- US "4-ply" vs UK/AU "4 ply": on a US label, 4-ply often counts twisted strands of any thickness; in UK/AU/NZ, ply names thickness (4 ply = Super Fine, 8 ply = DK, 10 ply = Aran, 12 ply = Bulky).

Recommended Crochet Hook Sizes by Yarn Weight (CYC)

0 Lace	Steel 1.4-1.6 mm, regular 2.25 mm (B-1)
1 Super Fine	2.25-3.5 mm (B-1 to E-4)
2 Fine	3.5-4.5 mm (E-4 to 7)
3 Light	4.5-5.5 mm (7 to I-9)
4 Medium	5.5-6.5 mm (I-9 to K-10½)
5 Bulky	6.5-9 mm (K-10½ to M-13)
6 Super Bulky	9-15 mm (M-13 to Q)
7 Jumbo	15 mm and larger (Q and larger)

Notes: Lace yarns are often knitted on larger needles for open fabric; 3 ply (light fingering) sits between 0 Lace and 1 Super Fine. Always knit a gauge swatch. Sources: Craft Yarn Council, Standard Yarn Weight System; Ravelry, Standard Yarn Weights; Skein Sisters, A Quick Guide to Yarn Weights; Wikipedia, Yarn weight; Knitting Naturally, Yarn Comparison Chart. Checked November 2026.